

REGISTRATION INFORMATION

THE TERRITORY OF THE BODY: Psychoanalytic Conceptualizations of the Psyche-Soma

Registration Deadline: Friday, August 23, 2019
Tuition: \$1,900 General Public
\$1,700 NCSPP Member Discount
\$1,350 NCSPP CMH Member Discount

ISG participants are eligible for 12 sessions of consultation with a PINC analyst at \$60 per session to help with the intergration of the material into clinical practice.

Scholarship: One scholarship in each location may be granted based on space available. Scholarship applications must be received by Friday, August 23, 2019. For more information and to request a scholarship application please contact Michele McGuinness.

For General Public: \$500 deposit with registration;
\$1,400 remainder due by Friday, August 23, 2019.

For NCSPP Members: \$300 deposit with registration;
\$1,400 remainder due by Friday, August 23, 2019.

For NCSPP CMH Members: \$300 deposit with registration;
\$1,050 remainder due by Friday, August 23, 2019.

NOTE: Tuition does not include the cost of reading material.

CE Credit: 16 CE credits earned for each eight-week section.

Participants must attend 80% of any given segment to receive CE credit, attendance for less than 80% does not earn CE credit.

LCSWs/LPCCs/LEPs/MFTs — These courses meet the qualifications for CE credit as required by the California Board of Behavioral Sciences. CAMFT Provider #57020.

Psychologists — Psychologists receive credit through Division 39 upon completion of this course. Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content.

Refunds: Students not admitted due to space limitation will receive a full refund of their deposit. Cancellations prior to Friday, August 23, 2019: full refund of deposit minus \$100 administration charge. Cancellations after Friday, August 23, 2019: no refund provided.

Administration | Registration questions:
Michele McGuinness: info@ncspp.org or (415) 496-9949.

ISG Program questions:
Jenessa Radocchio, LCSW, jradocchio@icloud.com or (510) 852-9429

GENERAL INFORMATION

Membership:
To join NCSPP, please use the attached registration card or visit the NCSPP website: www.ncspp.org.

Disabilities:
NCSPP, CAMFT, and Division 39 are committed to accessibility and non-discrimination in its continuing education activities. If participants have special needs, we will attempt to accommodate them. If you have concerns about handicapped accessibility, please contact Michele McGuinness.

Privacy and Confidentiality:
All participants are asked to be aware of the need for privacy and confidentiality throughout all programs.

NCSPP, CAMFT, and Division 39 are committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. Please address questions, concerns and any complaints to Michele McGuinness or phone 415-496-9949.

Participants will be informed of the utility/validity of the content/approach discussed (including the basis for the statements about validity/utility), as well as the limitations of the approach and most common (and severe) risks, if any, associated with the program's content.

Enrollment:
The Intensive Study Groups are designed for mid- to advanced-level clinicians. If you have questions regarding the appropriateness of the study group for you, please call Brenda Bloomfield for further information. Class size in each study group is limited to the first 15 students.

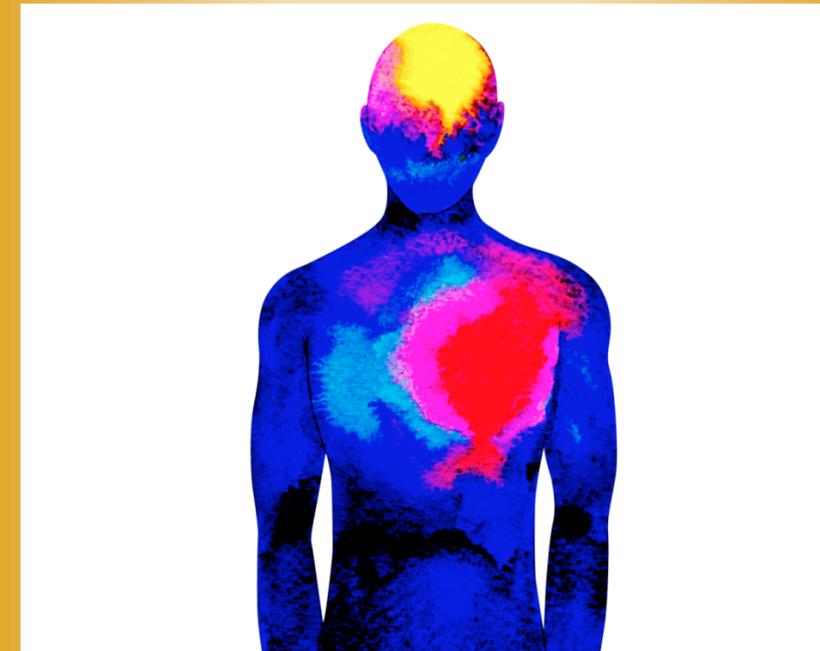
Commercial Support:
There is no commercial support for NCSPP programs nor are there any relationships between the CE Sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

A \$25 bank charge plus \$15 administrative charge will be issued on all returned checks.

The Northern California Society for Psychoanalytic Psychology (NCSPP) is the local chapter of Division 39, American Psychological Association. NCSPP is committed to the study of psychoanalytic psychology and the encouragement of its interests in the professional and general communities. It is a multidisciplinary, nonprofit educational membership organization open to all mental health professionals. For information visit our website at www.ncspp.org.



12 Hampton Avenue
San Anselmo, CA 94960-1702
www.ncspp.org



NORTHERN
CALIFORNIA
SOCIETY FOR
PSYCHOANALYTIC
PSYCHOLOGY

REGISTRATION CARD

INTENSIVE STUDY GROUP THE TERRITORY OF THE BODY: Psychoanalytic Conceptualizations of the Psyche-Soma

TWO WAYS TO REGISTER:
ONLINE: www.ncspp.org
MAIL: NCSPP, 12 Hampton Avenue, San Anselmo, CA 94960

CHOOSE ONE:
 EAST BAY SAN FRANCISCO

NAME _____ DEGREE _____
ADDRESS _____
CITY _____
STATE + ZIP _____
PHONE _____
EMAIL _____

I WOULD LIKE TO JOIN NCSPP AND REGISTER AT THE DISCOUNTED NCSPP MEMBER RATE:

<input type="checkbox"/> \$120 FULL MEMBER <small>(All licensed mental health professionals)</small>	\$ _____
<input type="checkbox"/> \$90 COMMUNITY MENTAL HEALTH MEMBER <small>(Mental health workers who conduct at least 50% of their professional duties at a CMH agency)</small>	\$ _____
<input type="checkbox"/> \$60 ASSOCIATE MEMBER <small>(Pre-licensed mental health professionals)</small>	\$ _____
<input type="checkbox"/> \$30 STUDENT MEMBER <small>(Student, non-licensed professionals, must include copy of current student ID)</small>	\$ _____

I WOULD LIKE TO REGISTER FOR THE ISG:

<input type="checkbox"/> \$500 Deposit – General Public	\$ _____
<input type="checkbox"/> \$300 Deposit – NCSPP Member	\$ _____

TOTAL AMOUNT ENCLOSED: \$ _____

PAYMENT METHOD:
 CHECK payable to NCSPP VISA MASTERCARD AMEX

CREDIT CARD # _____
EXPIRATION DATE _____ CARD SECURITY CODE _____
NAME AS IT APPEARS ON CREDIT CARD _____
SIGNATURE _____

Intensive Study Group

COMMITTEE MEMBERS

Jenessa Radocchio, LCSW, Chair

Brenda Bloomfield, LCSW

Judy Curtis, Psy.D.

Cecilia Froberg, LMFT

Ben Goldstone, LMFT

Johanna Murphy, Ph.D.

Todd Rising, Psy.D.

2019-2020
ISG

Intensive Study Groups

2019-2020
ISG

Intensive Study Groups

THE TERRITORY OF THE BODY: Psychoanalytic Conceptualizations of the Psyche-Soma

One heart is not connected to another through harmony alone. They are, instead, linked deeply through their wounds. Pain linked to pain, fragility to fragility. There is no silence without a cry of grief, no forgiveness without bloodshed, no acceptance without a passage through acute loss. That is what lies at the root of true harmony.

— Haruki Murakami, *Colorless Tsukuru Tazaki and His Years of Pilgrimage* (2014)

What can not be said will be wept.
— Sappho, *7th century BC*

Patients walk into our consulting rooms with a sense of dis-ease. Some can say they are depressed or anxious. Some speak slowly, unhappily about their relationship with a partner or their daily work. Some are quiet and can barely use words. All speak through their bodies. Whether they move through the world with grace or speak of chronic pains located in stomach, head, or limbs; whether they seem frozen in our office or cannot sit still; whether they scratch or twitch, stuff their bodies voraciously with food and substances, or restrict all nourishment, the body speaks. It is the record of early experience, to be encountered in the present clinical moment.

With each patient, the body of the psychotherapist speaks. Is the therapist feeling tired or disconnected? Is the therapist feeling pressured, seduced, or deadened after an exchange? Projection, projective identification, countertransference are all central psychoanalytic concepts that register on the psyche-soma of the clinician.

The body is personal and communal. The body is political and cultural. At times, the body is a war zone where the forces of the private and the public do battle. When this happens, understandings fail and thought can become stuck in the body. In times of trauma, the body, once a refuge, may no longer be safe.

This year-long study course will take up various conceptualizations of the body in psychoanalysis. Therapists from a range of theoretical backgrounds will use contemporary texts, contemporary artists, and writings to explore the psychological development of body-mind. The body that is born, the body that registers pain and trauma, the body that heals, and the body that dies, and the territories in between.

For full course information and course objectives visit our website: www.ncspp.org

INTRODUCTORY EVENT – SAVE THE DATE!

THE TERRITORY OF THE BODY: Psychoanalytic Conceptualizations of the Psyche-Soma

Saturday, July 20, 2019 | 2:00 – 4:00 pm

Location: St. John’s Presbyterian Church
2727 College Avenue, Berkeley, CA 94705

The Introductory Event — an informal, dynamic conversation with instructors from the East Bay and San Francisco year-long courses — will investigate theoretical approaches and practical engagements with the body in the clinical setting. Topics to be discussed include gender and culture, self-harm, sexuality, dissociation, and the language of bodily experience.

CLASS SCHEDULE

EAST BAY

32 Weeks | September 12, 2019 — May 14, 2020
Thursdays | 10:00 am – 12:00 pm
Location: St. Clement’s Episcopal Church
2837 Claremont Boulevard, Berkeley, CA 94705

Touching the Body with Words

Paula Mandel, Ph.D.

September 12, 19, 26; October 3, 10, 17, 24, 31

We will immerse ourselves in the language of bodily experience so as to bring ourselves into closer contact with the essential core of emotional life. We will look at how somatic states are both foundational to self-experience and can be used defensively, as well as how a sense of sensory boundedness can affect psychic dimensionality. Readings include Ogden’s Autistic-Contiguous Position and seminal papers by Tustin, Anzieu, Bick, Meltzer, and Fonagy. We will pay special attention to how our words — and, in particular, metaphors — can make contact with early mental states. We will also consider how forms of social oppression may affect one’s somatic life.

When Words Fail and Bodies Speak: Psychoanalytic Treatment of Eating Disorders

Tom Wooldridge, Psy.D., ABPP

November 7, 14, 21; December 5, 12, 19; January 9, 16

This course will examine psychoanalytic conceptualization and treatment of eating disorders. We will explore these complex and confounding syndromes through multiple lenses: as failures of thought, with unthinkable thoughts becoming stuck in the body; as complex compromise formations tied to early relational experiences; as autistic defenses against intolerable anxieties; as dissociative disorders linked to early experiences of trauma and affective dysregulation; and as disorders of desire, clandestine love affairs marked by anticipation, excitement, secrecy, and disappointment, leaving emptiness in their wake. We will attend to the importance of gender, culture, and the role of the therapist’s body throughout the treatment situation.

Erotic Embodiment in the Analytic Field

Dianne Elise, Ph.D.

January 23, 30; February 6, 13, 20, 27; March 5, 12

This course interweaves Winnicott’s emphasis on the psyche-soma with a Freudian focus on embodied libidinal life. We will take up the sexual body as it emerges in clinical material both developmentally — including in the parent-infant relation, oedipal experience, adolescent and adult sexuality — and in the embodied encounter of the patient-analyst dyad within the intersubjective analytic field. Strong emphasis will be placed on bodily experience in subjective registering of the erotic. The concept of analytic eroticism, developed in my paper, “Moving from within the Maternal” (*Journal of the American Psychoanalytic Association*, 2017), will be utilized to deepen appreciation of the erotic body’s contribution to mental growth and to creativity.

Disembodiment: Deadness/Vitality

Deborah Melman, Ph.D.

March 19, 26; April 2, 16, 23, 30; May 7, 14

Dissociation from an embodied location of self-experience leaves the individual prone to depersonalization, deadness, disorientation, and the loss of meaningful engagement in the world. Such dissociative disembodiment can result in an artificial relationship to the body, including obsessional control over somatic life. This requires a different approach from the therapist. In this situation, the challenge of facilitating the patient’s connection to their embodied reality prevails. This challenge entails putting aside the emphasis on analyzing associations and transferences, and instead searching for forms of experiential vitality and embodied orientation in the clinical field. We will read work by Winnicott, Lombardi, Goldberg, and Alvarez, among others.

CLASS SCHEDULE

SAN FRANCISCO

32 Weeks | September 13, 2019 — May 15, 2020
Fridays | 10:00 am – 12:00 pm
Location: Psychoanalytic Institute of Northern California (PINC)
530 Bush Street, 7th Floor, San Francisco, CA 94108

When Words Fail and Bodies Speak: Psychoanalytic Treatment of Eating Disorders

Tom Wooldridge, Psy.D., ABPP

September 13, 20, 27; October 4, 11, 18, 25; November 1

This course will examine psychoanalytic conceptualization and treatment of eating disorders. We will explore these complex and confounding syndromes through multiple lenses: as failures of thought, with unthinkable thoughts becoming stuck in the body; as complex compromise formations tied to early relational experiences; as autistic defenses against intolerable anxieties; as dissociative disorders linked to early experiences of trauma and affective dysregulation; and as disorders of desire, clandestine love affairs marked by anticipation, excitement, secrecy, and disappointment, leaving emptiness in their wake. We will attend to the importance of gender, culture, and the role of the therapist’s body throughout the treatment situation.

The Body: Sexed and Gendered

Betsy Kassoff, Ph.D.

November 8, 15, 22; December 6, 13, 20; January 10, 17

In our clinical work, the body is ground zero for the many ways our patients express their sexual and gendered identities. Psychoanalysis has evolved from early models of infantile sexuality culminating in heterosexual genitality, to contemporary theorists exploring multiple developmental trajectories to hetero-sexual, homo-sexual, and trans identities. Intersections between sex, gender, race, class, and socio-political context further complicate how each of us construct our sexual selves. In this class, we will read relational psychoanalytic authors such as Corbett, Davies, Dimen, Harris, Saketopoulou, and Suchet to deepen our understanding of the sexed and gendered body, and apply these ideas to our clinical work.

Our Bodies, Our (Clinical) Selves

Audrey Martin, MFT

January 24, 31; February 7, 14, 21, 28; March 6, 13

Splitting, projecting, holding, containing, internalizing are key psychoanalytic terms that help us describe our visceral clinical experience. This class will bring our attention to the sensate component of our clinical work, focusing on how we use our bodies as clinicians to make contact with our patients. Also inviting gender and culture into our conversation, we will use the work of contemporary female artists and writers (Dorothy Allison, Amy Sherald, Jill Soloway, Beyoncé) to help us experience and explore concepts from analysts such as Adrienne Harris, Anne Alvarez, and Jacqueline Rose, and apply them to our ordinary/extraordinary clinical moments.

Loosened Links/Broken Bodies, or The Acts of Madness

Paul U. Alexander, Ph.D.

March 20, 27; April 3, 17, 24; May 1, 8, 15

How do we clinicians encounter states of madness and psychic collapse in our patients, and how are our own bodily selves impacted? In this section, we will consider fragmentations of the psyche-soma: How shattered psyches, as constituted and expressed by culture and group, are met physically in the context of treatment. We will think about layers and moments of bodily experience within the setting of the “talking cure,” and the meaning of “acts” (spoken, performed) that take place in the clinical hour. Psychoanalytic readings will be supplemented by examples from art and cultural criticism.

Readings: Winnicott, Rosenfeld, Bleger, Lombardi, Williams

FACULTY

EAST BAY

Dianne Elise, Ph.D., personal and supervising analyst and faculty at PINC, has served on the editorial boards of *Journal of the American Psychoanalytic Association* and *Studies in Gender & Sexuality*. She has elaborated her 2018 *fort da* essay on a Winnicottian field theory into a book of her papers, *Creativity and the Erotic dimensions of the Analytic Field* (Routledge, 2019).

Paula Mandel, Ph.D., is a clinical psychologist and psychoanalyst and a graduate of PINC. She supervises and teaches at numerous Bay Area training sites. Dr. Mandel presented her paper, “Time and the Body: Managing Longing Through the Manipulation of Time,” at the 2017 IPA conference in Buenos Aires as the North American finalist for the Tyson Prize.

Deborah Melman, Ph.D., is on the faculty at the Wright Institute, PINC, and SFCP. She has a private practice in Berkeley.

Tom Wooldridge, Psy.D., ABPP is a psychoanalyst, board-certified clinical psychologist, and associate professor at Golden Gate University. He has published two books: *Understanding Anorexia Nervosa in Males* and *Psychoanalytic Treatment of Eating Disorders* (Relational Perspectives Book Series), in addition to numerous articles on a wide range of topics. He is in private practice in Berkeley.

SAN FRANCISCO

Paul U. Alexander, Ph.D., practices psychoanalysis, psychotherapy, and consultation with individuals, couples, and small groups. He teaches in post-graduate programs in the San Francisco Bay Area and consults on group processes in private practice and institutional settings.

Betsy Kassoff, Ph.D., is a psychologist and psychoanalyst in San Francisco. She provides services and teaches at a number of community mental health sites and graduate programs. Dr. Kassoff sees individuals and couples in her private practice, provides consultation, supervises, teaches, and writes on the intersection of relational psychoanalysis and the socio-political.

Audrey Martin, MFT, is a psychoanalytic psychotherapist in private practice in San Francisco and Berkeley, where she sees adults and adolescents. Audrey has been involved as a preschool mental health consultant, and served as the former Training Director of the Master’s Level Intern Program at the McAuley Institute, Adolescent Inpatient and Outpatient units.

Tom Wooldridge, Psy.D., ABPP, is a psychoanalyst, board-certified clinical psychologist, and associate professor at Golden Gate University. He has published two books: *Understanding Anorexia Nervosa in Males* and *Psychoanalytic Treatment of Eating Disorders* (Relational Perspectives Book Series), in addition to numerous articles on a wide range of topics. He is in private practice in Berkeley.